

### *What is a 'closed' meeting?*

A closed meeting is for A.A. members only, or for those who have a drinking problem and have a desire to stop drinking. Closed meetings give members an opportunity to discuss particular phases of their alcoholic problem that can be understood best only by other alcoholics. These meetings are usually conducted with maximum informality, and all members are encouraged to participate in the discussions. The closed meetings are of particular value to the newcomer, since they provide an opportunity to ask questions that may trouble a beginner, and to get the benefit of "older" members' experience with the recovery program.